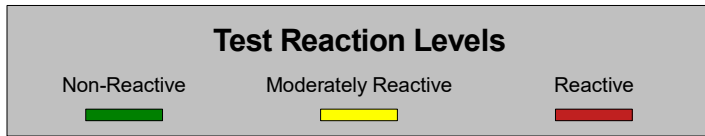


Physician: **Dr. Jack Pasula**
 Patient: **Kathryn Balkunas**
 Identifier: **2116408**
 Profile: **MRT 170**
 Test Date: **11/02/2021**
 Technologist: **AB**
 Page: **1 of 2**



Oxford Biomedical Technologies
 3555 Fiscal Court, Suite #9
 Riviera Beach, FL 33404
 Phone: (561) 848-7111
 FL License #: 800027063
 CLIA ID #: 10D0914874
 U.S. Patents: 6,114,174 6,200,815



Chemicals	Reaction Level
FD&C blue #1	0.7
Phenylethylamine	0.7
FD&C green #3	0.8
Solanine	1.0
Ibuprophen	1.0
FD&C blue #2	1.1
FD&C red #4	1.1
Salicylic acid	1.2
Sodium sulfite	1.3
Aspartame	1.4
Potassium nitrate	1.5
FD&C red #3	1.5
FD&C yellow #5	1.6
Potassium nitrite	1.6
Tyramine	1.7
Lecithin (soy)	1.7
Benzoic acid	1.7
Sorbic acid	1.7
MSG	1.8
Candida albicans	1.8
Fructose (HFCS)	1.9
FD&C yellow #6	2.2
Sodium metabisulfite	2.4
FD&C red #40	2.4
Capsaicin	2.4
Polysorbate 80	2.5
Saccharin	2.6
Caffeine	3.4
Acetaminophen	3.9

Beans/Nuts/Legumes/Seeds	Reaction Level
Garbanzo bean	0.6
Cashew	0.8
Mung bean	0.8
Navy bean	0.9
Pistachio	1.1
Flaxseed	1.1
Red kidney bean	1.4
Hazelnut	1.4
Sunflower seed	1.4
Lima bean	1.4
Almond	1.6
Sesame	1.7
Peanut	1.9
Soybean	1.9
Pecan	1.9
Walnut	2.1
Lentil	2.1
Pinto bean	2.3

Vegetables	Reaction Level
Cauliflower	0.1
Spinach	0.2
Butternut squash	0.4
Zucchini	0.5
Leek	0.5
Sweet potato	0.6
Green bean	0.7
White potato	0.8
Green pepper	0.9
Cucumber	0.9
Pumpkin	1.0
Bok choy	1.1
Scallions	1.1
Kale	1.1
Eggplant	1.2
Beet	1.2
Onion	1.2
Tomato	1.2
Carrot	1.3
Celery	1.3
Broccoli	1.4
Brussels sprouts	1.4
Mushroom	1.5
Lettuce	1.5
Asparagus	1.7
Cabbage	1.9
Chard	1.9
Green pea	2.1
Corn	2.8

Fruits	Reaction Level
Strawberry	0.1
Blueberry	0.2
Honeydew melon	0.7
Cantaloupe	0.8
Orange	0.8
Avocado	0.9
Banana	0.9
Watermelon	1.1
Grapefruit	1.2
Pear	1.2
Peach	1.2
Pineapple	1.3
Apricot	1.3
Cranberry	1.3
Papaya	1.4
Grape	1.4
Olive	1.4
Raspberry	1.4
Mango	1.5
Plum	1.5
Date	1.6
Cherry	1.8
Apple	2.2

Physician: **Dr. Jack Pasula**
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Flavor Enhancers	Reaction Level
Maple	0.3
Turmeric	0.8
Cayenne pepper	0.8
Black pepper	0.9
Mustard seed	1.0
Garlic	1.1
Vanilla	1.1
Cane sugar	1.3
Ginger	1.3
Honey	1.3
Oregano	1.4
Cinnamon	1.4
Lime	1.4
Carob	1.4
Lemon	1.5
Cardamom	1.5
Cumin	1.5
Paprika	1.6
Mint	1.6
Dill	1.6
Basil	1.7
Nutmeg	1.7
Coriander seed	1.9
Rosemary	1.9
Parsley	2.3

Seafood	Reaction Level
Sole	1.0
Catfish	1.2
Rainbow trout	1.2
Crab	1.2
Scallop	1.2
Tuna	1.4
Salmon	1.5
Codfish	1.5
Shrimp	1.6
Halibut	1.7
Tilapia	1.9
Clam	2.1

Meats/Poultry	Reaction Level
Turkey	0.6
Pork	0.8
Beef	1.2
Egg white	1.2
Chicken	1.5
Lamb	1.8
Egg yolk	2.1
Venison	2.2

Grains	Reaction Level
Buckwheat	0.6
Wheat	0.6
Oat	1.0
Quinoa	1.1
Amaranth (grain)	1.2
Barley	1.2
Kamut	1.2
Rye	1.4
Spelt	1.7
Rice	1.9
Millet	2.3

Miscellaneous	Reaction Level
Tapioca	0.5
Yeast-baker's/brewer's	0.6
Hops	1.1
Tea	1.2
Coconut	1.3
Cocoa	1.3
Rooibos tea	1.5
Coffee	3.4

Dairy	Reaction Level
Yogurt	0.4
American cheese	0.9
Cow's milk	1.1
Whey	1.3
Goat's milk	1.4
Cottage cheese	1.5
Cheddar cheese	1.9

Degrees of reactivity may not in all cases correlate with levels of clinical reactivity to the tested food or chemical. It is recommended to completely avoid all tested items with "Reactive" or "Moderately Reactive" scores. If tested "Non-Reactive" foods have been consumed regularly before testing, there is a high probability that they are "safe" and are not likely to provoke symptoms, as long as there is no history of allergic, autoimmune, or other type of inflammation-provoking or symptom-provoking reaction. These test results can form the basis of an eating plan developed under the guidance of a physician, dietitian, or other qualified healthcare practitioner.



LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:
Kathryn Balkunas

Physician:
Dr. Jack Pasula

Identifier:
2116408

Test date:
11/02/2021

Phase 1
DAYS 1 - 7

Phase 2
DAYS 8 - 12

Phase 3
DAYS 13 - 17

Phase 4
DAYS 18 - 22

Phase 5
DAYS 23 - 27

Proteins



Garbanzo bean	Sole	Catfish	Chicken	Tilapia
Turkey	Beef	Rainbow trout	Salmon	
Mung bean	Crab	Tuna	Shrimp	
Pork	Egg white	Red kidney bean	Halibut	
Navy bean	Scallop	Codfish	Lamb	

Starches / Grains



Tapioca	Sweet potato	Quinoa	Barley	Rice
Buckwheat	White potato	Amaranth (grain)	Rye	
Wheat	Oat	Kamut	Spelt	

Vegetables



Cauliflower	Green pepper	Beet	Celery	Lettuce
Spinach	Cucumber	Tomato	Brussels sprouts	Asparagus
Butternut squash	Pumpkin	Onion	Broccoli	Chard
Zucchini	Bok choy	Eggplant	Lima bean	Cabbage
Green bean	Kale	Carrot	Mushroom	

Fruits



Strawberry	Banana	Grapefruit	Raspberry	Cherry
Blueberry	Avocado	Apricot	Grape	
Honeydew melon	Watermelon	Pineapple	Mango	
Cantaloupe	Pear	Cranberry	Plum	
Orange	Peach	Papaya	Date	

Dairy / Miscellaneous



Yogurt	Cow's milk	Whey	Goat's milk	Rooibos tea
American cheese	Tea	Cocoa	Cottage cheese	Cheddar cheese

Nuts / Seeds / Oils



Cashew	Hazelnut	Almond	Pecan	
Pistachio	Sunflower seed	Sesame	Peanut	
Flaxseed	Olive	Soybean		

Flavor Enhancers



Maple	Garlic	Cane sugar	Lemon	Nutmeg
Leek	Vanilla	Oregano	Cardamom	Rosemary
Cayenne pepper	Scallions	Carob	Mint	Coriander seed
Turmeric	Coconut	Cinnamon	Paprika	
Black pepper	Ginger	Lime	Dill	
Mustard seed	Honey	Cumin	Basil	



LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

Patient name:
Kathryn Balkunas

Physician:
Dr. Jack Pasula

Identifier:
2116408

Test date:
11/02/2021

Day 1

Day 2

Day 3

Proteins



Chicken
Egg white
Halibut
Rainbow trout
Salmon
Shrimp
Sole
Turkey

Garbanzo bean
Mung bean
Navy bean
Red kidney bean
Scallop
Soybean
Tilapia

Beef
Catfish
Codfish
Crab
Lamb
Pork
Tuna

Starches / Grains



Barley
Kamut
Rye
Spelt
Wheat

Oat
Sweet potato
Tapioca
White potato

Amaranth (grain)
Buckwheat
Quinoa
Rice

Vegetables



Bok choy
Broccoli
Brussels sprouts
Cabbage
Carrot
Cauliflower
Celery
Kale

Asparagus
Eggplant
Green bean
Green pepper
Lettuce
Lima bean
Onion
Tomato

Beet
Butternut squash
Chard
Cucumber
Mushroom
Pumpkin
Spinach
Zucchini

Fruits



Apricot
Cherry
Grape
Olive
Papaya
Peach
Pear
Plum

Avocado
Banana
Blueberry
Cranberry
Mango
Raspberry
Strawberry

Cantaloupe
Date
Grapefruit
Honeydew melon
Orange
Pineapple
Watermelon

Dairy / Miscellaneous



American cheese
Cheddar cheese
Cottage cheese
Cow's milk
Whey
Yogurt

Cocoa
Tea

Goat's milk
Roibos tea

Nuts / Seeds / Oils



Almond
Olive
Sesame

Cashew
Peanut
Pistachio
Soybean
Sunflower seed

Flaxseed
Hazelnut
Pecan

Flavor Enhancers



Cardamom
Cumin
Dill
Ginger
Maple
Mustard seed
Nutmeg
Turmeric

Carob
Cayenne pepper
Cinnamon
Garlic
Honey
Leek
Scallions
Vanilla

Basil
Black pepper
Cane sugar
Coconut
Lemon
Lime
Mint
Oregano

LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:

Kathryn Balkunas

Physician:

Dr. Jack Pasula

Identifier:

2116408

Test date:

11/02/2021

Phase 1

DAYS 1 - 7

Phase 2

DAYS 8 - 12

Phase 3

DAYS 13 - 17

Phase 4

DAYS 18 - 22

Phase 5

DAYS 23 - 27

Proteins

0.6 Garbanzo bean	1.0 Sole	1.2 Catfish	1.5 Chicken	1.9 Tilapia
0.6 Turkey	1.2 Beef	1.2 Rainbow trout	1.5 Salmon	
0.8 Mung bean	1.2 Crab	1.4 Tuna	1.6 Shrimp	
0.8 Pork	1.2 Egg white	1.4 Red kidney bean	1.7 Halibut	
0.9 Navy bean	1.2 Scallop	1.5 Codfish	1.8 Lamb	

Starches / Grains

0.5 Tapioca	0.6 Sweet potato	1.1 Quinoa	1.2 Barley	1.9 Rice
0.6 Buckwheat	0.8 White potato	1.2 Amaranth (grain)	1.4 Rye	
0.6 Wheat	1.0 Oat	1.2 Kamut	1.7 Spelt	

Vegetables

0.1 Cauliflower	0.9 Green pepper	1.2 Beet	1.3 Celery	1.5 Lettuce
0.2 Spinach	0.9 Cucumber	1.2 Tomato	1.4 Brussels sprouts	1.7 Asparagus
0.4 Butternut squash	1.0 Pumpkin	1.2 Onion	1.4 Broccoli	1.9 Chard
0.5 Zucchini	1.1 Bok choy	1.2 Eggplant	1.4 Lima bean	1.9 Cabbage
0.7 Green bean	1.1 Kale	1.3 Carrot	1.5 Mushroom	

Fruits

0.1 Strawberry	0.9 Banana	1.2 Grapefruit	1.4 Raspberry	1.8 Cherry
0.2 Blueberry	0.9 Avocado	1.3 Apricot	1.4 Grape	
0.7 Honeydew melon	1.1 Watermelon	1.3 Pineapple	1.5 Mango	
0.8 Cantaloupe	1.2 Pear	1.3 Cranberry	1.5 Plum	
0.8 Orange	1.2 Peach	1.4 Papaya	1.6 Date	

Dairy / Miscellaneous

0.4 Yogurt	1.1 Cow's milk	1.3 Whey	1.4 Goat's milk	1.5 Rooibos tea
0.9 American cheese	1.2 Tea	1.3 Cocoa	1.5 Cottage cheese	1.9 Cheddar cheese

Nuts / Seeds / Oils

0.8 Cashew	1.4 Hazelnut	1.6 Almond	1.9 Pecan
1.1 Pistachio	1.4 Sunflower seed	1.7 Sesame	1.9 Peanut
1.1 Flaxseed	1.4 Olive	1.9 Soybean	

Flavor Enhancers

0.3 Maple	1.1 Garlic	1.3 Cane sugar	1.5 Lemon	1.7 Nutmeg
0.5 Leek	1.1 Vanilla	1.4 Oregano	1.5 Cardamom	1.9 Rosemary
0.8 Cayenne pepper	1.1 Scallions	1.4 Carob	1.6 Mint	1.9 Coriander seed
0.8 Turmeric	1.3 Coconut	1.4 Cinnamon	1.6 Paprika	
0.9 Black pepper	1.3 Ginger	1.4 Lime	1.6 Dill	
1.0 Mustard seed	1.3 Honey	1.5 Cumin	1.7 Basil	

LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

Patient name:
Kathryn Balkunas

Physician:
Dr. Jack Pasula

Identifier:
2116408

Test date:
11/02/2021

Day 1

Day 2

Day 3

Proteins

1.5 Chicken
1.2 Egg white
1.7 Halibut
1.2 Rainbow trout
1.5 Salmon
1.6 Shrimp
1.0 Sole
0.6 Turkey

0.6 Garbanzo bean
0.8 Mung bean
0.9 Navy bean
1.4 Red kidney bean
1.2 Scallop
1.9 Soybean
1.9 Tilapia

1.2 Beef
1.2 Catfish
1.5 Codfish
1.2 Crab
1.8 Lamb
0.8 Pork
1.4 Tuna

Starches / Grains

1.2 Barley
1.2 Kamut
1.4 Rye
1.7 Spelt
0.6 Wheat

1.0 Oat
0.6 Sweet potato
0.5 Tapioca
0.8 White potato

1.2 Amaranth (grain)
0.6 Buckwheat
1.1 Quinoa
1.9 Rice

Vegetables

1.1 Bok choy
1.4 Broccoli
1.4 Brussels sprouts
1.9 Cabbage
1.3 Carrot
0.1 Cauliflower
1.3 Celery
1.1 Kale

1.7 Asparagus
1.2 Eggplant
0.7 Green bean
0.9 Green pepper
1.5 Lettuce
1.4 Lima bean
1.2 Onion
1.2 Tomato

1.2 Beet
0.4 Butternut squash
1.9 Chard
0.9 Cucumber
1.5 Mushroom
1.0 Pumpkin
0.2 Spinach
0.5 Zucchini

Fruits

1.3 Apricot
1.8 Cherry
1.4 Grape
1.4 Olive
1.4 Papaya
1.2 Peach
1.2 Pear
1.5 Plum

0.9 Avocado
0.9 Banana
0.2 Blueberry
1.3 Cranberry
1.5 Mango
1.4 Raspberry
0.1 Strawberry

0.8 Cantaloupe
1.6 Date
1.2 Grapefruit
0.7 Honeydew melon
0.8 Orange
1.3 Pineapple
1.1 Watermelon

Dairy / Miscellaneous

0.9 American cheese
1.9 Cheddar cheese
1.5 Cottage cheese
1.1 Cow's milk
1.3 Whey
0.4 Yogurt

1.3 Cocoa
1.2 Tea

1.4 Goat's milk
1.5 Rooibos tea

Nuts / Seeds / Oils

1.6 Almond
1.4 Olive
1.7 Sesame

0.8 Cashew
1.9 Peanut
1.1 Pistachio
1.9 Soybean
1.4 Sunflower seed

1.1 Flaxseed
1.4 Hazelnut
1.9 Pecan

Flavor Enhancers

1.5 Cardamom
1.5 Cumin
1.6 Dill
1.3 Ginger
0.3 Maple
1.0 Mustard seed
1.7 Nutmeg
0.8 Turmeric

1.4 Carob
0.8 Cayenne pepper
1.4 Cinnamon
1.1 Garlic
1.3 Honey
0.5 Leek
1.1 Scallions
1.1 Vanilla

1.7 Basil
0.9 Black pepper
1.3 Cane sugar
1.3 Coconut
1.5 Lemon
1.4 Lime
1.6 Mint
1.4 Oregano

2116408

PATIENT:
Kathryn Balkunas
PHYSICIAN:
Dr. Jack Pasula
TEST PROFILE:
MRT 170
TEST DATE:
11/02/2021



ACETAMINO.	COFFEE
CAFFEINE	
APPLE	PARSLEY
CAPSAICIN	PINTO BEAN
CLAM	POLYSOR.80
CORN	S.M.B.SULFITE
EGG YOLK	SACCHARIN
FD&C RED #40	VENISON
GREEN PEA	WALNUT
LENTIL	YELLOW #6
MILLET	